*Updated December 2024* 

Bournemouth Joggers Club Championship (CC) Rules

1. The Club Championship (CC) is made up of pre-selected races of varying distances, terrains and start times, which are determined by the Club Championship organiser following consultation from members and approval by the club committee.
2. The CC is split into two separate competitions: road race and off-road race.
3. To be eligible for the CC you must be a fully paid up first-claim England Athletics affiliated member of Bournemouth Joggers at the time of completing the events. This does not include social and second claim members.
4. Races are to be entered as a Bournemouth Jogger. Club vest is encouraged to be worn, except for during a parkrun, club mile or if a charity vest is worn.
5. The scoring system in each nominated race is as follows: First Bournemouth Jogger = 30 points, Second = 29 points, and so on. Based on previous CC, this means that all Bournemouth Joggers finishing a CC race will receive points in this way.
6. A runner’s age on 1st January of each CC year will determine their category for the entire year.
7. To qualify for a final position/award for the road race CC, runners will have to complete at least 5 of the selected road races during the year. If more than 5 are completed, the highest 5 scores only will be counted.
8. Likewise, to qualify for a final position/award for the off-road race CC, runners will have to complete at least 5 of the selected off-road races during the year. If more than 5 are completed, the highest 5 scores only will be counted.
9. To Endeavour Award will be given to the runner that completes the highest number of races from the road and off-road list. If there is a tie at the end of the year then the club organiser may look at overall points or may decide to award to more than one club member.
10. 7 separate prizes will be awarded in total for 1st, 2nd and 3rd placed in the road and off-road competitions, and at least one for the Endeavour Award.
11. Age category awards will be given if we have 30 or more members completing the CC. Age categories are as follows: 18-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.
12. All eligible Bournemouth Joggers will appear in the results table.
13. For any marathon completed, proof of finishing time is required. It is the runner’s responsibility to notify the championship organiser when a marathon has been completed and to supply the details. Failure to do so may mean that the results do not appear in the final table.
14. For a parkrun/5k series event to count, runners must be entered under the club name of Bournemouth Joggers. Failure to do so may mean that the results do not appear in the final table.
15. If any Club Championship race is cancelled or deemed not suitable for any reason, a new race will be substituted, if possible, by the championship organiser. If it is not possible to reschedule or substitute a race, this will reduce the number of CC races that season, however 5 races will still need to be completed to earn a final position.
16. It is each runner’s own responsibility to ensure their details are given correctly when entering races.
17. Awards will be presented at either our Christmas party or at the AGM held in January each year.

If you have any questions about the Club Championship, speak to the club championship organiser for 2025, Cathy Crowe.

Thank you.